

Angeles Forest 5-Mile Cross Country Run Race Report

This is a great race on a great course. Despite poor directorship, the race itself went very smoothly in its second annual running, and is an event with tremendous potential. There are far too few traditional cross-country races in LA, and our own Arroyo Seco is ideally suited for this kind of event. The race benefits the Caltech Child Education Center, and draws plenty of enthusiastic volunteers.

About 125 runners showed up on a cold January morning to run. The race begins in the Arroyo Seco park, runs through the east lot and up the canyon, then finishes at the gates of the Child Education Center on Foothill Blvd. There is one stream crossing. This year, finishers were greeted with a sprinkling of snow. Both the men's and women's runs were competitive, with Art Van Veen winning in 27:05, and our own Mike Blakely winning the masters division in 30:25. Kathy Britcliffe won the women's race (time unknown), with Becky Parker winning the master's division in 40:48. Yours truly ran a 40:17. The tee-shirts were exceptionally nice, the post race refreshments adequate, and the handmade finishers medallions (supplied by the CEC children) a nice touch. Somebody needs to take on the directorship of this race and do a better job of promoting it and putting it on. Sam?????

2-Mile Handicap Race Results

	<u>Handicap</u>	<u>Actual</u>
1 Scott Arnold	15.50	14.27
2 Chuck Sarture	16.07	14.50
3 Bill Mandeville	14.00	12.56
4 Ray Jurgens	17.01	16.25
5 Dick Horn	14.48	14.17
6 Sam Dolinar	14.32	14.01
7 Randy Brown	11.29	11.03
8 Bob Ibaven	12.40	12.21
9 Phil Callahan	12.56	12.52
10 Duncan McCormock	12.53	12.51
11 Rene Aguero	11.12	11.12
12 Roy Kakuda	11.31	11.38
13 Ken Erickson	14.26	14.35
14 Ted Ortiz	15.00	14.70
15 Rod Britten	14.22	14.36
16 Steve Stedry	11.49	12.08
17 Len Effron	11.30	11.57
18 Bill Epping	13.33	14.06
19 Bill Mogensen	14.06	14.43
20 Charles Voge	13.06	14.48
21 Ted Clarke	17.25	19.43

Arroyo Seco Freako Rescheduled

The Arroyo Seco Freako has been rescheduled for May 10. Hopefully it won't be so hot and fewer snakes will be out.

Sam Dolinar
238-420