



Results from the

13th Annual

# ARROYO SECO FREAKO MICROTHON

April 1, 1987

A total of 52 runners participated in this years 5-kilometer Arroyo Seco Freako Microthon.

The race was battled over the up-and-down course in the Oak Grove Park. Bill Read was first overall, beating his previous best time by 26 seconds, and Cay Palic was the first woman, beating the previous women's course record (won by Cay last year) by 10 seconds.

Twelve runners received medals for finishing 1-2 in their respective age/sex divisions. Attached is the listing of those winners along with an alphabetical listing of all finishers.

Rich Benson became the first runner to compete in 11 Freako races. Kathy O'Hara maintains her women's record for Freako appearances at 7. Honorable mention goes to Tom Young for best dressed. Tom ran in his business suit.

We would like to thank all the people who helped in directing the runners along the course and at the finish line. Without these people it would be very difficult to have a successful Arroyo Seco Freako Microthon. Thanks to the following people:

Sherry Bennett  
Bruce Beaudry  
Cece Gaddy  
Anna Itkis  
Mary Johnson  
Gary Kunstmann  
Andrea Pluth  
Laura Sergott  
Carol Shutt  
Marie Tseng  
Dave Wagner

Arroyo Seco Freako Race  
April 1, 1987

Race Results

Participant	Time
** MEN 0 - 30	
Read, Bill	16:46
Froidevaux, Lucien	18:55
** MEN 31 - 40	
Linfield, Roger	17:38
Hall, Alan	18:59
** MEN 41 - 47	
Kakuda, Roy	19:22
Ibaven, Robert	20:31
** MEN 48+	
Wray, Jim	21:00
Williams, John	21:41
** WOMEN 0 - 34	
Smith, Elizabeth	27:09
Bruegge, Carol	27:44
** WOMEN 35+	
Palic, Cay	21:27
Nelson, Stephanie	26:59

# Arroyo Seco Freako Race

April 1, 1987

## Race Results

Participant	Time	Div
Aguero, Rene	20:40	M2
Bautista, Javier	24:13	M2
Bender, Dave	36:00	M4
Benson, Rich	21:38	M2
Berner, Jeff	21:55	M1
Brown, Tyler	24:03	M1
Bruegge, Carol	27:44	W1
Burnetto, Charles	27:15	M2
Callahan, Phil	21:11	M2
Carlson, R.	22:01	M2
Dolinar, Sam	23:10	M2
Ferrall, Joe	23:53	M2
Floyd, Elmer	23:16	M4
Frautnick, Jim	23:18	M3
Friedman, Louis	22:38	M3
Froidevaux, Lucien	18:55	M1
Gray, Don	22:01	M4
Hall, Alan	18:59	M2
Horn, Dick	23:53	M4
Hibbard, Tom	27:39	M4
Ibaven, Robert	20:31	M3
Imlay, Ed	26:24	M4
James, Jack	22:36	M1
Kakuda, Roy	19:22	M3
Kerr, Bob	26:49	M3
Keys, Jeff	30:44	M2
King, Clyde	26:29	M4
Lahmeyer, Chuck	29:06	M3
Linfield, Roger	17:38	M2
McCornock, Duncan	21:50	M3
McEliece, Bob	25:12	M3
McSmith, Gaylon	25:55	M2
Mogensen, Bill	23:40	M2
Nelson, Stephanie	26:59	W2
Palic, Cay	21:27	W2
Penzo, Paul	27:38	M4
Read, Bill	16:46	M1
Rossi, V.	20:45	M2
Ryne, Mark	21:57	M2
Smith, Elizabeth	27:09	W1
Stedry, Steve	19:14	M2
Stella, Paul	24:42	M3
Tierney, Katie	29:13	W1
Turner, Dick	25:49	M2
Tyler, Steven	30:40	M2
Tyler, Olivia	30:38	W2
Vass, Steve	20:01	M2
Voge, Charles	21:53	M2

Arroyo Seco Freako Race  
April 1, 1987

Race Results

Participant	Time	Div
Walker, Dave	19:18	M2
Williams, John	21:41	M4
Wray, Jim	21:00	M4
Young, Tom	22:43	M2