

The JPL Running Club's
12th Annual
**ARROYO SECO FREAKO
MICROTHON**

Date: Tuesday, April 1, 1986
Time: 12:00 noon
Place: Lower Oak Grove Park
Distance: 5 kilometers

Time for hill training ! The 12th annual JPL Arroyo Seco Freako Microthon will be held over the tough 5 km course through Oak Grove Park (see map). The course is identical to that run the last two years; for those first time runners, if the course looks confusing, you're right, it is ! This year, there may be some "wrong-way Corrigan's" purposely taking runners in the wrong direction so it behooves all runners to be familiar with the course.

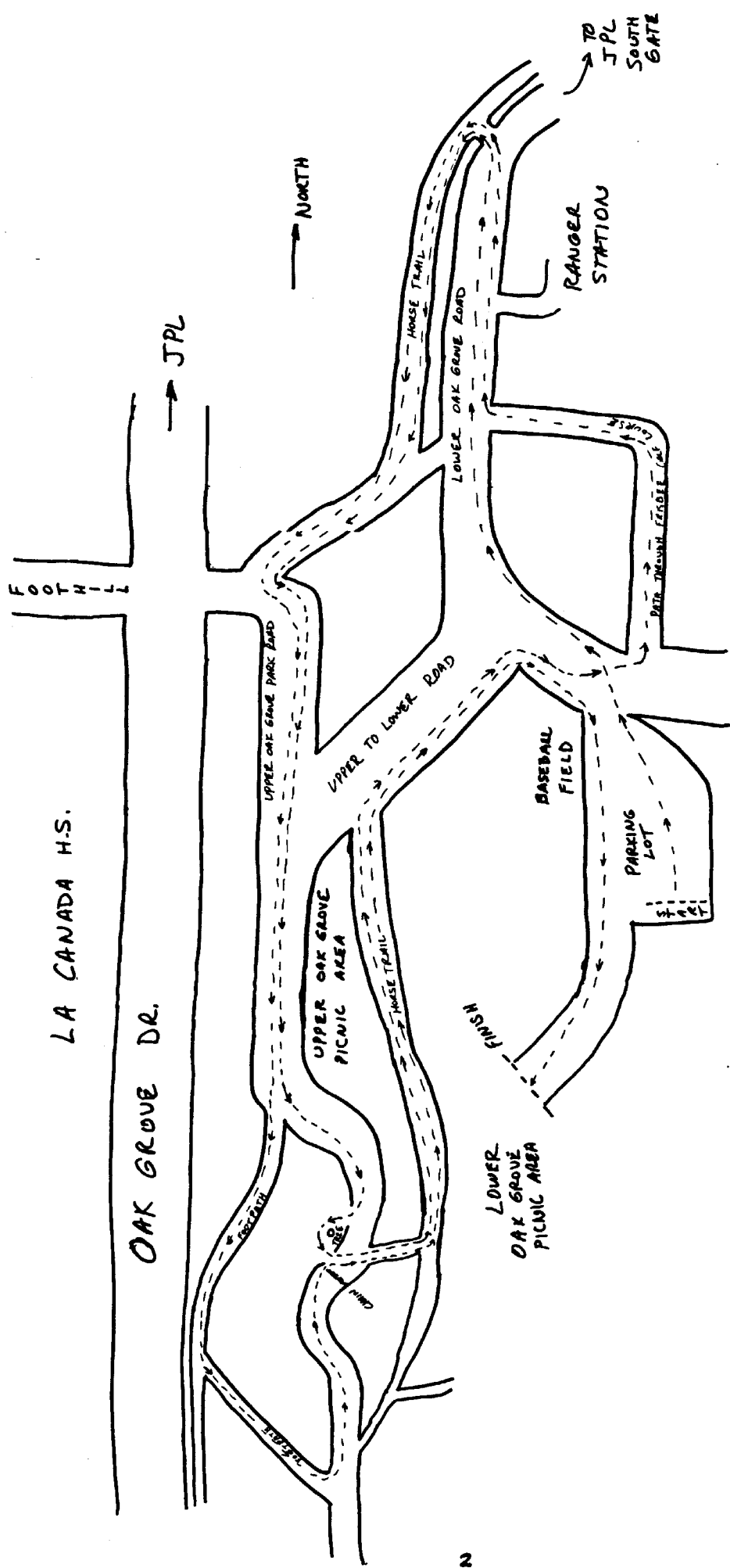
Immediately after the race, we'll congregate in the Lower Oak Grove Park picnic area. Bring a picnic lunch if you wish. The club will provide drinks. For those that follow the "wrong way Corrigan", we'll leave some scraps.

All participants will get ribbons and medals will be presented to the winners during the post-race celebration.

A challenge match entry form is attached for those that are interested in team competition. Here's how it works:

- (1) sign up 3 to 4 runners per team and find one or more similar teams to challenge. There may be some natural rivalries between sections from the JPL section challenge, etc.;
- (2) decide on a formula for determining the winning team based on each individual's results; e.g., time, finishing place, place within age/sex group. If you want, we can supply a default formula to be used if you can't think of one;
- (3) submit your challenge match entry form to Joe Ferrall at MS 125-112, xx3159.

The winning team in each match will receive a certificate.



ARROYO SECO FREAKO MICROTHON

Map of Course

ARROYO SECO FREAKO MICROTHON

Challenge Match Entry

Name / Phone Number of Matchmaker* : _____

LIST THE TEAMS* IN THIS MATCH:

Team #1 _____ (team name)

Runners* _____

Team #2 _____ (team name)

Runners* _____

Team #3 _____ (team name)

Runners* _____

Use extra pages if needed.

FORMULA* FOR DETERMINING WINNER:

* Matchmaker is person we should contact in case of questions.
There must be a minimum of two teams per match.
Each team must have 3 to 6 runners.
Formula may be based on times, finishing places, etc.