



Results from the

10th Annual

ARROYO SECO FREAKO MICROTHON

March 30, 1984

Sixty-six runners participated in the 10th Annual Arroyo Seco Freako Microthon. The race was run over a new 5 kilometer course looping around and through Oak Grove Park. David Walker was the easy winner, finishing in 18:20, more than one minute ahead of runnersup John LuValle (19:23) and Steve Stedry (19:41).

There were three age divisions for men and two for women. The age division boundaries were not specified ahead of time, but instead were determined so as to equalize the number of runners in each group. Walker, LuValle, and Stedry won the 3 medals in the Men's Open Division for male runners under 37 years, 9 months. Medalists in other divisions were: Duncan McCornock (20:54), Louis Friedman (21:04), and Roy Kakuda (21:11), in the Men's Masters Division (37 yrs., 9 mos., to 44 yrs., 6 mos.); Len Efron (20:01), Bill Mandeville (20:47), and Don Gray (21:30) in the Men's Senior Division (over 44 yrs., 6 mos.); Tonja Harris (25:24), Terri Gaimari (26:15), and Kim Lievense (26:48) in the Women's Open Division (under 34 yrs., 10 mos.); and Chris Weiner (22:33), Barbara Basta (22:53), and Valerie Pickett (23:05) in the Women's Advanced Division (over 34 yrs., 10 mos.).

The Flyers (LuValle, Mandeville, Pickett, McCornock, and Bob Ibaven) won the team championship, ending the three-year reign of the Originals. The Flyers scored 5 points (sum of age group places of three best finishers) to barely edge out the Arroyo Streakers (Walker, Basta, Gray, Stedry, and Charles Voge) by one point. The defending champion Originals finished a respectable third with 11 points.

The originally planned course for the Freako had to be changed at the last minute due to increased trucking operations in the gravel pit, which prevented us from crossing the Arroyo. It appears that this will be a continuing problem. We don't have a reliable course across the Arroyo, so we have to plan on conducting the race entirely on the west side in the future.

Some historical notes: John LuValle and Paul Penzo both extended their streaks to 8 consecutive Freako appearances. Chuck Stein now has 6 in a row, Rich Benson has 5, and Kim Lievense has 4. Other runners also extended their total number of (non-consecutive) Freako appearances, notably Rich Benson (8), Louis Friedman (8), Len Efron (7), Charles Voge (6), Kathy O'Hara (5), and Chris Weiner (5).

ARROYO SECO FREAKO MICROTHON

Challenge Match Entry

Name / Phone Number of Matchmaker* : _____

LIST THE TEAMS* IN THIS MATCH:

Team #1 _____ (team name)

Runners* _____

Team #2 _____ (team name)

Runners* _____

Team #3 _____ (team name)

Runners* _____

Use extra pages if needed.

FORMULA* FOR DETERMINING WINNER:

* Matchmaker is person we should contact in case of questions.
There must be a minimum of two teams per match.
Each team must have 3 to 6 runners.
Formula may be based on times, finishing places, etc.

1984 ARROYO SECO FREAKO MICROTHON Results

Place		Distance = 5 kilometers		
Overall	in Div	Division	Name	Time
1	1	MO	David Walker	18:20
2	2	MO	John LuValle	19:23
3	3	MO	Steve Stedry	19:41
4	1	MS	Len Efron	20:01
5	4	MO	Charles Voge	20:09
6	2	MS	Bill Mandeville	20:47
7	1	MM	Duncan McCornock	20:54
8	5	MO	Sam Dolinar	21:01
9	2	MM	Louis Friedman	21:04
10	3	MM	Roy Kakuda	21:11
11	6	MO	Joe Ferrall	21:13
12	4	MM	Bob Ibaven	21:18
13	7	MO	Phil Callahan	21:19
14	5	MM	Booth Hartley	21:22
15	8	MO	Dave Bell	21:28
16	3	MS	Don Gray	21:30
17	9	MO	Jeff Keys	21:43
18	10	MO	Dick Turner	21:59
19	11	MO	Javier Bautista	22:00
20	6	MM	Richard Brace	22:14
21	4	MS	Dave Scaff	22:16
22	7	MM	Rich Benson	22:23
23	1	WA	Chris Weiner	22:33
24	5	MS	Bill Hullinger	22:48
25	8	MM	Basil Mikaati	22:49
26	2	WA	Barbara Basta	22:53
27	3	WA	Valerie Pickett	23:05
28	9	MM	Tom O'Hara	23:20
29	10	MM	Bob McEliece	23:21
30	12	MO	Richard Cardenas	23:27
31	6	MS	Tom Hedvig	23:32
32	7	MS	Elmer Floyd	23:40
33	13	MO	Gene Hightower	23:46
34	11	MM	Bruce Fischer	23:52
35	14	MO	Jack James	24:05
36	12	MM	Daniel Bonbright	24:07
37	13	MM	Mike Marcucci	24:08
38	15	MO	Mark Ryne	24:14
39	8	MS	Paul Penzo	24:19
40	16	MO	Anthony Anderson	24:20
41	17	MO	John McCarthy	24:43
42	4	WA	Kathy O'Hara	25:11
43	1	WO	Tonja Harris	25:24
44	9	MS	Bud Storck	25:27
45	14	MM	Reuben Ruiz	25:30
46	10	MS	Ken Atkins	26:04

1984 ARROYO SECO FREAKO MICROTTHON Results (cont.)

47	2	WO	Terri Gaimari	26:15
48	11	MS	Wilson Silsby	26:30
49	18	MO	John Zipse	26:41
50	3	WO	Kim Lievens	26:48
51	12	MS	Ted Meyer	26:52
52	15	MM	Clark Burgess	27:34
53	13	MS	Jack Tatum	27:42
54	14	MS	Dave Farless	28:04
55	16	MM	Barry Cooper	28:31
56	4	WO	Lesley Ibaven	29:18
57	5	WO	Stephanie Nelson	29:28
58	6	WO	Tommie McCloskey	29:30
59	19	MO	Fred Rosenblatt	29:58
60	17	MM	Ken Bartos	30:15
61	5	WA	Dona Duquin	30:22
62	15	MS	Robert French	30:23
63	18	MM	Burton Jaffe	31:56
64	16	MS	Ed Gatz	32:34
65	17	MS	David Bender	33:07
66	18	MS	Chuck Stein	34:58

Divisions

MO: Men's Open (under 37.75) WO: Women's Open (under 34.83)
 MM: Men's Masters (37.75 to 44.5)
 MS: Men's Seniors (over 44.5) WA: Women's Advanced (over 34.83)

TEAM RESULTS

- (5 pts.) 1. FLYERS: LuValle, Mandeville, Pickett, Ibaven, McCornock
- (6 pts.) 2. ARROYO STREAKERS: Voge, Walker, Basta, Gray, Stedry
- (11 pts.) 3. THE ORIGINALS: Penzo, Friedman, Atkins, Bender, Efron
- (15 pts.) 4. THE LAST GASP: Dolinar, Brace, Scaff
- (34 pts.) 5. OLD FOLKS: Stein, French, Duquin, Ruiz, Gatz